



w e t p l a n e t

COSTA RICA 2007

Costa Rica Whitewater Adventure - Trip Info

Dates for 2007

Saturday March 17th through Saturday March 24th

Saturday March 24th through Saturday April 1

Who is the trip ideal for?

From single travelers to groups of friends, families, couples and/or co-workers. Minimum age is 18 years old.

Required: Adventurous spirit, ready and eager to participate in a full program of activities during 1 week of Costa Rica Adventures!

Rafters: No rafting experience is required. Good physical condition is necessary (check with us for exceptions)

Kayakers: Must be able to paddle class III/IV consistently and confidently.

***Attention:** The Wet Planet combination of rafting and kayaking is a unique opportunity for whitewater kayakers comfortable on class III/IV whitewater to enjoy a whitewater adventure with partners who do not!!!*

Cost

\$1499 per person (excluding tax)

Included in the trip price is the following:

- Wet Planet guides, who have worked and lived in Costa Rica
- The Wet Planet high standard for quality and risk management
- All adventure activities and necessary equipment listed in itinerary
- 7 nights of lodging
- All meals from Saturday night through the following Saturday morning
- Airport pick up on Saturday and drop off the following Saturday
- Private transportation throughout the week
- Entrance fees

Note: Price is based on double room occupancy. If you are traveling solo, we will arrange accommodations with another group member. Wet Planet participants who wish to have private accommodations may do so with an optional Single Lodging Fee: \$175

Not included:

Air fare to San Jose, Costa Rica (for easy online searching for cheap tickets try www.kayak.com), alcoholic drinks, personal travel insurance, \$26 airport departure tax, any personal needs (laundry, snacks, souvenirs), and any additional activities not listed in the itinerary and/or covered by Wet Planet.

Group Size:

Maximum 12 guests total.

Recommended Vaccinations

Check with your doctor, or check with The Center for Disease Control at: <http://www.cdc.gov/>

How to secure your spot(s) and sign up:

Call us as soon as possible at 1.800.306.1673 or email info@wetplanetwhitewater.com.



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PACKING LIST

The following are our suggestions on what to bring. The most important advice we can offer: **PACK SUPER LIGHT**. Because you really don't need much! It is always much easier to travel light.

Documents

Valid Passport
Airline Ticket
Visa Credit Card (the easiest and most accepted card)
Travelers Checks
Cash (a small amount of US Dollars)
Photocopies (stored separately) of all of your important documents

Luggage

One bag, back pack or small suitcase
One small day pack
Money belt or pouch that you can wear underneath your clothes

Footwear

The ideal shoe combination:
- sandals with a heel strap or river shoes that you can use for both hiking and on the river (i.e. Keens or Chacos)
- flip flops
- sneakers or light hiking shoes (you can also skip these shoes if your river sandals also make a good shoe, a reason the Wet Planet crew swear by the Keen river shoes)

Clothing:

1 pair of long light-weight quick dry pants
1 Pair of regular shorts
River short and/or swimsuit
Quick dry shirt
Couple of t-shirts / and t-tops for the women.
Underwear
1 Mid-weight fleece sweater
1 or 2 Pair of socks
Super light-weight rain jacket
Hat or visor
For the women: An easy fit light-weight cotton skirt and/or dress

Miscellaneous:

Small beach towel
Toiletries
Sunscreen – min. 45
Lip protection
Sunglasses with strap
Deet insect repellent
Headlamp or small flash light
Camera (recommended: small digital camera, we love the waterproof Pentax Optio W10)
Small binoculars
Reading and writing materials



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Wet Planet Costa Rica Itinerary

Day 1 – Saturday

Arrive in San Jose, Costa Rica and meet your Wet Planet guides. We then drive to the mountain town of Turrialba. After check-in at the hotel we'll eat in a traditional Tico restaurant.

Day 2 – Sunday

After breakfast in Turrialba's "hidden market" we start the trip with a bang on the class III+ Top Pacuare. The scenic drive to the launch point leads through native villages, coffee fields, and typical Costa Rican jungle scenery. After the river trip, we'll stop by the local Snake Farm.

Day 3 – Monday

On the second day we will run the class III/IV section of the Lower Pacuare. With waterfalls, side hikes, endless birds, flowers, butterflies, and incredible whitewater, this is one of the premiere one-day rafting trips in the world. We'll drive to the beach town of Puerto Viejo in the evening.

Day 4 – Tuesday

Costa Rica has it all! This day will be spent lounging at the beach and exploring the town of Puerto Viejo.

Day 5 – Wednesday

After an early departure, we'll raft the Sarapiquí River. We'll take a canopy tour in the afternoon and see the jungle from a different perspective.

Day 6 – Thursday

In the morning we'll head to the class III/IV Toro River. After a great day on the river, we'll drive to the Vulcan Arenal area. In the evening, we'll sit in the hot springs at Tabacon Hot Springs Resort and watch the lava flow down the sides of the active volcano – this is paradise!

Day 7 – Friday

We'll begin the day with a hike to Fortuna Waterfall and then visit the gallery of a local artist. In the afternoon we'll drive to the town of Alajuela, near the airport. On the way we'll stop in Sarchi to pick up some last minute souvenirs.

Day 8 – Saturday

Departure